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TAROKDAKI: OCHI PHUKÜM NUNG

KOHIMA AO BAPTIST AROGO

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Gim O

# TAROKDAKI

2020 küm KABA Omen- 'Tarokdaki' ta shimer, yangji Arogo nung Department ajaki rangloker maparen tenzüka odagi. Anungji Arogo Bulletin-a iba omen nung ajemdaker, küm tepiyong onük tongti kaka shima adoktsü tebilemba lir. Aji oda, taküm küm asoshi mezüngbuba tebhongji, 'Tarokdaki: Ochi phuküm nung' ta asüba onük nung ocet bendena adoktsür.

'Tarokdaki' ta asüba ya, Yisui Peter den jembiba lir. Luke 5:4 nungji reprangra, yangji... "Tzü taroki rongji aniang, aser ango aputsü nenok zütsük telungleni onang" ta shia angutsü. Peter angopur mongin ka asünung mezüngbo pai zübazüba bilemogo südi saka kodang mamangjai süaka Yisui ashiba ama inyak, idangji ango jenti ambang. Ibai tesüngmangtsü tatalokba ka; ya tashi angaba süngjang liasü ta angateter. Atangji, Yisui ashiba ama Peteri meinyak asübo ya matalokla. Peteri teti inyakba ama dang zütsük aon tashi tebilemba ama ango pua marutet, saka kodang pai tzükümlen ona aliba tesem melenshir tarokdak zütsük aon, idangji ang Tsüngrem sayatenya pa ajanga jungkai adokba asenoki angur.

Tanü asen tendak inyakyim aika nung ochi kanga apua akümba angur. Yamaji ochi samaba ajanga kija taküm aser lokti ajak takoksa jenjang nung lir. Isaia 59:14,15 nung, "Ochiba tesüleni atsüngzüka ogo, ...kechiyong yimdong nung ochiba laoa lir, ...Hau, ochi agi anünga lir; aser shibai tamajung nungi piladir, pei sasa tetepsettsü kümdaktsür" ta shia lir. Atangji iba Lai nung tanü asen tensa tia jenjang kürak noksa angur. Asenok teraksa yayim ka nung jajar ta metetaka, aji tim leni melenshitsü shingaia memulunger mesüra memeranger. Ochi laoa aliba mesotsü jangrar aikabo mali mesüra iba phuküm nung nokdaktsü tasü maiter. Majung ta meteter iba den atsüanem kaa ajemajema ola matoki aliba jagi alar shisatsü aketba jenjang sayur. Anungji nüchi akümtsü asoshi asen tangatetba jenjang aroka asadanger melenshitsü nüngdaker. 'Nenok iba tenem nung lishia liogo' (T. Kunem 1:6) ta Tsüngremi Israel nunger dang ashiba ama tanü asenok den jembir ta angatetdi.

Kechi mapa nung südir süaka, teti kasa dang alibaji rajang akümba temaitsü lir. Tsüngrem sentong atalokdaktsütsü mechi tamanger shia jangratema anisüngzüka aliba jenjang nungi, ayiaso tsüngken metsübui *Tarokdaki* aitsüla. Ochi phuküm nung teraksatem anema tasüeita nokdaktetba tamangertem tanü alimai yongyar. Ibaji ataloktsü asoshi tamanger shia pei taküm aser sobaliba melenshiba ajanga külem lisemertem tsüngdang tamanger ka maitsü (identity) shisangdaktsütsü Tsüngrem tsüngdang asenok sentsüh lir, kechiyong asen takümji asen khuli ta metetdi.

Peteri Yisu dang khen tashi angaba ajanga ali mama tetshitsüsa tesüngmangtsü tamamangtsü sayatenya atalokdaktsü. Kasaji kodang asenoki Khrista tsüngsü nung jajaa, Pai mulungba ama lidir, Pai asenok ajanga sayatenya tulu inyaktsü. Atangji, tarokdaki aitsüji mapa temelabo masü kechiyong idaki taküm bendanga agütsüba nüngdaker. Saka kechi ajurudir ajuruaka Tsüngrem dak tamang yur Khrista phuküm nung temenen mapatem anema apusotsü tamanger ka asoshi tongti teinyaktsü lir.

Anungji iba Bulletin azünger shiai, Tsüngrem tsütsü pei taküm aser tamang jenjang aroka asadangba den, tamanger shiaji ochi phukümer kaka ta tangatetba nung zünga temoatsü agitsü ayongzüker.



## Pastor menden nungi...

Rev. M. Asangba Longkumer Sr. Pastor, KABA

Temeim amangba purtem,

Arogopur ajak dang küm tasen salem metetdaktsür. Tsüngremi asenok nem küm tasen ka moatsüogo. Taküm küm asen arogo omen '**Tarokdaki'**, iba nung ajemdaker amangba purtem ajaki na kong lir, kechi inyaker, item ajak nung tamanger ka ama asen libaliro aser inyaksangshi nung tajungtiba, taroktiba jenjangi lua tera yanga inyaktetba küm ka asütsü ayongzüker.

Taoba küm tashi tenzüker kwika mapa nungi anisüngzük agiogo nenoki meranga inyakba asoshi arogoi pelaba metetdaktsür, yamaji Tsüngremi nenok ajak moajangma ta sarasademtsür. Tenzüker tasentem kwika Department aser Committee balala nung shimogo, nenok ajak pelashishia arogoi agizükba metetdaktsür. Na küm kwika tenzüktsü jaogo Tsüngremi junger ta ashitsüsa tenzüktsü ayongzüker. Tenzüker tem ajak asoshi Orientation sentong agiogo. Yamaji na koba mapa inyaktsü asoshi nungloktsü iba mapa nung Tsüngrem sentsüwangshidaktsütsü meranga inyaktsü ayongzüker.

Taküm küm tsüngda nung asen arogo ajanga Father School, Ao arogo pungu aser tangar kin arogo pungu, ajak meyokteper arogo ter nung katsütsü sarasadema inyaka odagi. Iba ministry ya Tsüngremi asen arogo nem nungloktsüba mapa ka ta angateta inyaker, anungji amangbapur ajaki iba asoshi sarasadem nung yaritsü mepishir.

Asen arogoi küm aika 2<sup>nd</sup> week of February Mission Hopta ta jar munga arur. Taküm küma kanga takok ngua mungogo. Tsüngrem tenüng asanger. Tsüngrem dang sarasadema missionary arogo ka asütsü nangzükba ama alima tesem balala nung missionary yoka lir, aser yoktsü renemdagi. February 2, Deobar anogo nung Mr. Kilangtemjen Aier, Missionary Commissioning Sentep agia, Action Ministries Hyderabad nung amenoker inyaka odagi. Iba den alima tesem balala nung mission mapa mazüngi inyakdagi. Iba mission mapa nung asen arogo züngsem ajak shilem lir ta angatetdi. Nai sarasadem nung, rongsen ajanga, nübu agi missionary arogo ka ama shilem agitsü mamali.

Rev.T.Chuba Jamir, Pastor mapa nungi anisüngzük agiba sentong 5<sup>th</sup> January nung agiogo. Pa aser par kibongi takok ngua inyakba atema Tsüngrem tenüng asanger aser par kibong danga pelaba metetdaktsür. Asenok ajaki par kibong asoshi sarasademtsüdi

Mr. S.N.Among Jamir, January 12 anogo Pastor mapa nungloktsüba sentep sentong agia liasü. Pa ama tashitemeteter ka aser Tsüngrem meima aser bendanga agütsüba tenzüker ka anguba atema pelar aser Tsüngrem nem tenüngsang agütsür. Tsüngremi pa amshiba ajanga asen arogo moatsütsü sarasadema atar.

Taküm küm January 4, Honibar aonung nungi New Minister Hill Fellowship tasen tenzüka, aonung sentep tem Imchen Quest House nung agia odagi. Mrs. Asenla Akang kibongi angati tenla tulu agüja sentepdaktsüba atema arogoi kanga dang pelaba shisemer. Tsüngremi lar kibong moajangma ta sarasademtsür. Ano New Secretariat Area atema temporary Tenla ki ka yanglua, February 29, Honibar aonung nungi Fellowship tenzüka odagi. New Secretariat temeküt nung alirtemi angati nübu aika agüja kisüba nunga yaritepba atema pelaba lemsateper. Kiyong ajak nung sentepi otettsüsa Tsüngremi moatsüogo, anungji amangba purtemi temulung agüja meranga sentep tem nung dena shilem agitsü ajungshir.

Neighbourhood Fellowship ya ita shia tatembangba Wednesday nung agir. Iba ya sentep ka endoker amai mebilemli, saka ya asen arogo küpok kiyong shia nung sentepi marutetertem-a tentettsü nükjidong nung akar. Anungji ajaki na anasatiba kiyonger den külemi lungjemer, kibong kati kibong ka metettepa sarasademtsüba mapang tajungtiba ta angateta tanur, lanur, tain ajaki longsoa shilem agitsü ajungshir.

Taküm küm asen arogo omen dak ajemdaker, March 20-22 anogotem nung lokti ajak külemi Lai bushiba mapang akatsü. Iba sentong nung Tsüngrem O sayur mongyin arua sayutsü sarasadema renemdagi, anungji ajaki iba asoshi sarasadema atar atentsü ayongzüker. Iba den March ita 23-29 tashi Lai bushiba

aser Tzüsenba sentong lir, anungji idakji atentsüpur temi sarasadema bilema atatsü shisemer.

Amangba pur ajak dang taküm küm asen arogo omen nung ajemdaker züngsem shiai ochishia tamanger ka ama, na office nung amendang, business balala inyakdang, kidang alidang, lokdi balala nung alidang, azüngdang, züludang, jembidang, bilemdang, shilem agidang ochi pukhüm nung tarokdaki itetba amangba pur asütsü ayongzüker. Tsüngremi amangba pur ajak moajang.



#### NUNGI KÜMZÜKA ALITSÜ TETUYUBA KAR

- Iba wara ya tamang tongpang tulu asünung, tamanger shiai sarasadem nung aser tamang nung akanga alitsü ayongzüker.
- Mapang ajak nung sapon aser handwash amshia teka metsükang.
- Akhetdang aser hachidang teti romal mesüra sü agi teni-tebang nembangang
- Teka junga meshitoki teni, tebang aser tenük nung tekongshi.
- 5. Yimra-manga agi tonger alirtem anasai tuo.
- Akok-tashi teni-tebang sü (mask) agi nembanger liang.
- 7. Lokti tulu sentepba mali tajungba.
- 8. Teka amtepa salemba vimya khen mamshi atatsü.
- 9. Ain-tsüyin aoba ajemang.
- Ki meyuba mozü tajung amshia ki telung aser tema teti merüka yuang.



## **NE TENÜNG SHIBA?**



-Rev. Dr. Wati Longchar

#### Kechiba "ne tenüng shiba" ta Yisui asüngdang?

Mark kaket 5:1-15 nungji mazüoktetba temenen tanelai apuba nisung ka den medemdanga Yisui lokti teraksa indang ratettsüba angur. Ya nisung ka kija anebtsüba indang masü, saka lokti teraksa tanebtsü bushitsü nüngdak indang jembir.

Yangi nisung ka kecha agia mazüoktetba indang otsü jagi ashir. Merangsen agi alentsü makok, alenyonga yinzüji toksa, ammang-sangwa mebendangi tenemtem nung asatena jaja, yinzü aser lung agi pa sasa pa mang nung arang aser pa talidakji leprongki liasü. Kodang pai Yisu ajuru, Yisui ne tenüng shiba ta asüngdang. Pai langzü, kü tenüng "legion" ta ashi, tetezü onok aika. (Mk. 1:9). Tenüng teta ajabaji kar temeim, kar akhümtsübu aser tsükchitep mapang aser tangatetba balala nung aja. Iba kaket nung "challenge" asüba context ka nung züluba angur. Ano Yihuda nunger yimsü nung tanuri tain tenüng teta maja, tetsüri aser teburi tenüng teta mejatep, alari kibur tenüng teta maja, saka chuba, rabi, tesayur, kü kibur ta dang aja. Parnoki tsükchir den mangatettep mesüra

rarapangsen mapang nung dang tenung teta jatep. Maremzuktetba jenjang ka nung dang "ne tenung shiba" ta jaa aru.

Legion tetezü Rom nunger sepai 4000-6000 dang ajar. Yisu mapang tashi tulutiba Rom sepai teloki shiangaia mazüokteti nübur madak tashiyim amshi. Ya Rom nunger yimsüsüba mapang nübur toushia aliba indang ashirba lir. Iba Lai yagi Rom nunger yimsüsüba kübok teraksa uluraba jagi lokti takümji leprongki amai liasü ta sayur. Leperi oa shingaia melinür, mebilemtetnür, kechiyong leper ta süra ibai "sad memories" kong kinunger, medemer, yimer, kiyonger aremdak tesem. Leper aiben mesemdanger aser temulung shiranga arur. Shingaia azüoktsü mokoki tashiyim agi yimsü asüba, nübur rishikangshiba, makamaiter ashioktsüba, nübur sensak jenjangi yokba ngua Yisui "Ne tenüng shiba? ta tasüeita asüngdangtet. Nenoki lokti leprongki amai kümdaktsür. Yihuda nunger shirnoki Rom yimsüsür den teka amteper ochimashi inyak parnoka aitsü. Yongji Yisu kangki nung tepset.

#### Tanü legionji asen lokti nung shirnok?

Tanü legion ta asübaji ochimashi telok tentet balala (political party-a asütsü akok) inyakyim, sayuyim aser asameyang ajakji dena lir. Temenen tanelai apuba (tetezü pei ajungtsü atema dang bilemba nübur), shingaia merangsen agi alentsü makokba (tetezü ya tai ta metetaka shingai ashi mangaba nübur), alenyonga yinzüji tokdang (tetezü tashiyim amshiba aser amshitsü metsübuba nisung), ammang-sangwa mebendangi tenemtem nung ayimtena senzü (tetezü nübur

amokmerena senzüba), yinzü aser lung agi pa sasa arang (tetezü pei taküm mapayui azü tokshitsü merangba) aser pa talidakji leprongki liasü (tetezü teraksa taküm aser lokti nung tashiyim mapa). Küm ishika tejaklen Naga nunger nüjiso bushiri legion ama inyaka aruba aseni ngua lir aser iba denji medemdangtsü akok. Tanüa BJP yimsüsüba ya legion amai inyakyim aika nung bener aoba aser nüburtem talisa Muslim aser Khristan aika rishikangshiba angur. President Donald Trump-i India semdangba mapang, Delhi yimtiba nung Muslim nunger aika tepsetogo, ki-o-jen raksatsüogo aser rongdoktsüogo. Governmenti tamanger telok balala rongnung telemsatep adokdakja yimden tashi azüoka ayutsü merangba angur. BJP sorkari CAA implement asütsü lemtetba anema telok tentet aikati - students, lawyer, civil organization aser state government aikati anema jembia aser protest süa arur; nisung tajung aika süogo, rongsena aika laluogo, saka temenen tanelai apuba nisung shiangai mazüoktetba amaji Governmenti tashiyim agi inyakba angur. Item ajak dangji legion ta ashitsü akok. Yisui "ne tenüng shiba"? Hai, nenok shirong (fox), auür, sensaker ajezüka yokertem, tema tazütsü dang külemba nisungtem, temenen purtem ta tenüng teta aja nung Yisu kangki nung tepset. Samaria nunger asoshi ak ya kanga tongtipang aser shiri ak aika metsütet parji takar amai züngshi. Rongsen dak dang rangloker tashiyim amshia tangar külakokja ashikülak mapa inyakba ajanga lokti kaji rajang kümdakja leper amai kümdaktsür dang, Yisui ne tenüng shiba? kechiba yamai inyaker ta shitet. Tanüa ochimashi aser tashiyim inyaker dang shibai ne tenüng shiba ta asüngdangtettsü!

#### Asen lima ne tenüng shiba ta asüngdangteter agi anünger

Nai ne sasa "ne tenüng shiba?" ta masüngdangtet. Tetezü, asenok legion yayim nungji tenadokra "ne tenüng shiba" ta koda sür asüngdangtettsü. Tatishitsü agi, asenoki shishilembaba nung ochimashi inyaka yur hai ya taiaja, temenenaja ta koda shitettsü! Office nung corruption inyaka yur ya taiaja, iba yagi Naga lima telungi ludaktsür ta koda shitettsü, proxy tesayur yutsür mesüra office nung temulung agüja meinyakeri ya taiaja, temenenaja ta koda shitettsü. Asenok Rom nunger legion yayim nungi adok nung dang "ne tenüng shiba" ta shitettsü. Ne tenüng shiba ta shitetba tetezü Khrista ochi kuli süteter ka aser parnok dangji "Christian engagement, presence and witness in secular world" ta ajar. Latin America nunger Laiputishir Gustavo Gutierrez-i yamai ashir, "We worship God by doing justice in public life". Asenoki lokti mapa balala nung ochi meinyaktetra tenla kidang külembaji amajok aser Pharisee-temi yimdong aser kimalen tema tazütsü sarasademba den saku lir. Anungji ne tenüng shiba ta asenok kong aser kechi inyakdir yangji shitettsü tim aser ibaji Khrista ochi indang kulisüba tulutibaji lir.

Tia maka arogo-a Rom legion yayim nung tenadok nungji aiben arogoi sünga "ne tenüng shiba" ta masüngdangteter. Theological College ka nung, building tajung ka nung, lakh ka tenla agütsür aser lakh pungo tema agütsür tenüng golden plate ka nung "Dedicated for the glory of God" ta zülur angu. Item rongsentemji ochi rongsentem südi, aluyimer aser sensaker shirnoki anü agi pua aser tzünglu agi ajaa meranga inyaker

tenla sen 5, 10, 20, 50, 100 agütsür tenüng to koda ta bilem. Yamaji ochimashi mapatem "religiously" agizükdaktsür aser ajungshir. Khenkhenbo tenzükertemi tushir, ajungkettsür, sarasademtsür aser telok rongnung tenüng teta tenüngsang agütsür. Yamaji arogoa Rom legion yayim nung tenadokba ajanga tanü lokti nung "ne tenüng shiba" ta asüngdanger ajema küma lir. Mapa tajung inyaker nem tetushi aser sarasadem agütsütsübaji tim dang saka arogoi "ne tenüng shiba" ta shitettsüsa tesayuba tejangja aser mapa agi sayutsü nüngdaker.

## OCHI PHUKÜM NUNG TAROKDAKI



-Repalemzüng Longkümer

Ochi phuküma noktakdang aiben adianu, kinunger, medemer aser akang tembar tsüngda tsükchiteptsüsa tensa agi bena arur. Ochiji asenoki aginür aser benshinür saka aiben mapa agi mesayuteter. Ochi ajanga alima yanglur aser raksar. Ochi phuküma menoktakbaji aiben khunang ka ama züngshir.

May 13, 2017 nung ni I. Lanu Toy ajurua metettepa kümer pa nungi aika angazükba rongnungi yangi kar zülur. Nübur asoshi I. Lanu Toy-i pei taküm bendanga agüja ochi nung tasüeita noktakbaji **Tsüngchi Samanir Ka** 

(Biography of I. Lanu Toy) kaket nungi tali jangja angutsü.

Nübur lenitsü asoshi Tsüngremi samanir kaji renemtsür. Kechi koda misem tewangwang nung hon teprangba moluteter, aser septsü tentsü awabangba senti süngwa yipru mopung agi awashidakja ali nung sotba teraji talangba kümdaktsür, aji oda Tsüngremi meimba nüburtem asoshi samanir kaji taku tensa aika ajanga moluteter. I. Lanu Toy taküm nung temesüh lener, koda masüba densa aser taku tia ajurubaji Tsüngremer sentong ka liasü. Itemi ajanga Tsüngremi pa taküm yanglu. Imchabar

kibong nung tanurtem ajak ano taküm nung nükjidong metongi kaket shisatsü bushiba mapang, tebutsü Kariben den tanur ter ana toktsür I. Lanu Toy ket nungi September 21, 1948 nung amozüka ao. Ajioda I. Lanu Toy taküm nung kaket shisatsü bushiba lenti küm ka thinena yutsür tebu ka akhümdong makai akümbaji kanga zürepa sensenba anogotem liasü. Ya kanga taku aser tajemtsü densa ka pai ajuru. Saka iba ama taküm yipru ajanga pai tarutsü taküm nung tanokshiba ajak ajangtettsüsa Tsüngremi jelia pa taküm renemtsübaji temoatsü ka liasü. Rongsen agi atidangba koktet, amokmeren tizüktet aser taküm lendong tashi nung noktaktetba tashiji pai ochi meim aser ochi phu aküm.

Tenu Imkongnüken shiba taoba mapang Nagaland Cabinet Minister inyak pai ashiba agi, tedi Lanu Toy 1956 küm Guahati nung mapa inyakdang, paa yangji St. Mary School nung class 5 azüng. Iba mapang kidang nungi tetsüng agi dang anogoshia oli aruli ta senzü. Khenkhen office nüngdak adokdang school len ajanga süitsüsa kümra iba mapangjiang tedii gari nung minoktsü. Jurila mapa kecha nunga Government gariji mamshi. Imkongba Class 5 nung takok kanga junga anguba ajanga Mawkhar Christian High School Shillong nung Headmaster-i class 8 nung amentsü ajungshi, saka Lanu Toy-i khen nung class asem ajungketer tua amentsüji kanga memulung nung class 7 nung dang mendaktsü.

Lanu Toy Calcutta nung engineering azüngdang pai The Sunday Amrita Bazar osang kaket nung April 12, 1953 anogo 'The Nagas and Nagaland Today' onük nung ajemdaker züluba,

The Statesman osang kaket nung Naga nunger anema meshitakba osangtem, 'The Naga Problem', 'I.N.A Memorial at Kohima', 'Outsiders' aser 'Ne Nu Na' amala ocet adokba nung yak yak ta pai ochi O Leplang (Rejoinder) zülur agütsüba nungji pa koma chiretpera aser tasütait den ochi nung noktakba kaketshir ka liasü asenoki angateter.

Pa 1954 küm Assam Public Service Commission ajanga Assistant Engineer mapa ngur külen Northeast nung mezüngbuba hydro electric- Umtru Hydro Electric Project (commissioned 1958) aser tanabuba project Umiam Hydro Electric Project (commissioned 1965) achaayanga inyakdang aiben maparen aika nung tetsükdaktsü ajurua tim atem. Saka pai anir meranga inyakba ajanga takok angu. Item electric project ajanga Gauhati aser temeküt nung kanga renloka ao. Tamalenbo Power Department aser tanga department tsüngda light bill magütsüba ajanga timtem adoka liasü saka itemji electricity act ajanga tiptema ayu.

Pa 1966 küm May ita nung Nagaland-i deputation arur Power Department nung Chief Engineer inyakdang Power Minister inyaknür mali asü. Külenbo tanü tensa den medemdangra temenünütsüka aser mamangtsüka lir. Contract mapa adokdang itemji government rule nung shia aliba ama tender notice advertise sür iba nungi tender tajungtiba nem mapaji inyaktsüsa agütsü. Item mapa nung tim mesüi Power Minister-i mulungba nem ang contract mapa agütsünü saka I. Lanu Toy-i khenyongi memulung. Pai Power Minister balala dang yamaisa ashi, "Ni Authority mesüra order-ji magizüker

masü. Saka kü menden nungi maparen kechi shitak teinyaktsü lir ibajibo ne dangi abentsü tim aser abener. Mapa shitak inyaktsübaji kü khuret aser ibaji shitak meinyakra ni tamakok alur asütsü. Anungji rules nung shia aliba ama Supply Orderjibo shitak nem agütsütsü. Nenoki policy yanglur aser yangji ni anidakerba dang." Yamaji Minister temi tim masüba inyaktsü merangdang pai ochi nung noktaka koktetba mapa aika lir.

I. Lanu Toy taküm nung timtem tulutiba ajurubaji Doyang Hydro Electric Project (DHEP) nung atalok. Iba project ya 1968 küm pai bushiteter külen, pai anir survey agia tenzük aser 1970 küm Preliminary Feasibility Report (PFR) renemer Centre nem agütsü. Pa 1984 küm Government mapa nungi retire sür alidang 1990 nung küm 22 tejaklen Doyang ayong nung pai lungsang ajak kakdanga survey agiba Doyang project nungji Resident Chief Executive (RCE) inyaktsü North Eastern Electric Power Corporation (NEEPCO) nungi osang aru.

Doyang Hydro Electric Project ya temeküt yimtsüng lushi aika kongshia yanglu. Hydro Project ka kodang yangludir tzü atsüngdendang ali kilometre aika atsüngbangtsüsa akümer. Doyang nung tzü agi ali atsüngbangtsü aliba temenok meshia ali kibur jagi maparen aika meshitaki inyak. Ali makaba lungren nunga süngjanglu tapu balala tsünüa lir ta shia estimate yanglur sen meshiisa aru. Anungji pai itemji shitak lir mali jangjatsü asoshi pa sasa tsüngdong oa reprangdang nung estimate yanglubaji teimbaka tiazü liasü. Aji dang masü ali tasazük ka nung kibur ana asemi ali melen sen meshii aru aser ajia Government-i jenjang lateta ayuba dang nungi asemsü agi tali

tursa meshi. Item tim masüba mapa ajak nungji pai ochi nung inyaktsü merang.

Mapang shia yimdaklirtem pa office-i arua project balala yanglur 'Adjust' süa inyaktsü mesüzüka ashi. Pai 'Adjust' ojangji mangatet aser tesülenang iba tetezü mapa meinyaki sen agizüka agitsü jembirba liasü. Ali kibur dang masü saka contractor-temi maparen aika meshitaki inyakba meteta item meshitakba maparen temji anendaktsü.

1990's nung Naga lima ajunga nung telung nung alir kanga sashia liasü. Doyang project nungji anogoshia telung nung alir nungi timtem aruba manen. Tax saruba den contract mapa meshia inyaktsü merang. Pai metimi inyaktsü mapa ajak noktanga ayunungji tesülenbo pa mapa nungi anentsü takangba ozüng tesashi aru. Pai telung nung alir tulurtemji ajurua pa mapa nungi anendaktsünüba kuli tejangja jembiteptsü merangaka mokoktet nung parnok kinungertem bushia ochi o lemsatep.

I. Lanu Toy-i ochi nung amet aser ochi inyaktsü pai tali temulung ulushi saka ochi inyakba shiaji yimdaklirtem tali jashi. Kodang nisung ka jashidir aser paji tai nung chitaka yudir maparen tamajung inyaktsü asameyanger. Anungji pa anema tiazü jembitsü tenzük.

Anogotem süia aodang nübur asoshi meranga inyakaka timtem balala ajuruba ajanga Doyang Project ya shibanga ayutsüa pa shisa dangi aru. Nübur asoshi tajangzük ngutetba mapa nungji pai pei kibong toktsür pa taküm tenla agüja inyakaka timtem ang tali arunungji, Doyang Project-jia

anendaka yutsür par kidang Kohima nung anisüngzüka jangratema litetla. Saka Lanu Toy-i item timtem aser amokmeren ajakji tarutsü tia asoshi bilema maneni meranga benerao.

Arem min tiyong nung Doyang Hydro Electric Project inyakdang pa temeim kinungtsü aser chirnurtem nungi pila oa ali. Yangji lia 1996 küm July 3 anepdang yimdaklirtemi tasü küma züker yutsübaji tejashi nung mang ayangba liasü. Iba mapang pai ashi, "Taküm agitsü meranga mapa tamajung inyakaka, Doyang nung mapa inyakba manentsü aser ni tang iba tesem toktsür treatment agii ora tensaji majungtsü, anungji ni Doyang toktsür maotsü."

Ali kibur aser telung nung alirtem den tajungtiba agi ochi nung mapa inyaka aotsü merangbaji dang masü, saka pa kadang inyaker aser pa kübok NEEPCO nung Chief Engineer nungi shir ki aoker ajak denji ka küma putepa alitsü merang. Doyang nung timtem aika aliba agi NEEPCO nung inyaker staff rongnung melinüba tesemji DHEP ya liasü, saka Lanu Toy-i ochi shia inyakba angateta külemi inyaker ajaki pa dak temulung lemteta mulungsoa inyak.

Calcutta nung engineer azüngdang Naga nunger nüchiso asoshi British Consulate ajurua Naga yimden khuret jembiba, kaketkeno renlokdaktsütsü meranga Kachari yim Norbong nung school tenzüktsüba, saisapong tsütsü tali renloktsü asoshi Nagaland Olympic Association tenzüka yutsüba aser Northeast nung alir nüburtem nem electricity bener arutsütetba taküm Impur Chanu ka sotetbaji alima tsüngdang nüma tangteter.

I. Lanu Toy-i ashiba agi, pa taküm nung leniba Lai tekong kaji Kolosi 3:23 ya lir, "Nenoki kechisa inyakdir aji nisung dang masü, saka Kibuba dang temulung ajak agi inyakang." Mapa inyakdang aser o jembidang aiben nisungi mangateti jashiatoktsü akok saka ochi shia Tsüngrem tsüngdang shitak aser Pai aginüba ama inyaktetra ibajiang tongtibangba. Iba tangatetba nung Lanu Toy-i tataba mapatem ajak mapang shitak amshia takok ngua aru.

Pa ajemalu, ochishir, asayamenü sempet tajung aketba, saka tazüokba nungbo kanga takang aser tesashi nisung ka. Aser yamaji pai ochi phuküma Tsüngrem akhüm tsübur.

### TAMENTAKDAK TAROKBAI YIANG

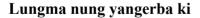
(Go Into Deeper Foundation)
Mathi 7:24-27



O Sashi Ozüküm

"Anungji shibaisa kü o itemi benshir aser inyaker pa lungma nung ki asüba shisa taka nisung mesüka lir. Tzünglu alu, tzümetsüng adok, mopung aon, aser item jagi iba ki dakji nungshi; aser ibaji melao, kechiaser ibaji lungma nung azüng. Shibaisa kü o itemi angashir aser meinyaker pa lisem ma nung ki asüba tamashi nisung ka mesüka alitsü. Tzünglu alu, tzümetsüng adok, mopung aon, aser item jagi iba ki dakji nungshi, aser ibaji lao aser iba laobaji tulu liasü."







Lisemma nung yangerba ki

Kisüjensü mapa ya kar atemabo jangratemtsü mapa ka lir. Kodang asenoki ki ka yangertsü tenzükdir iba ki dakji maparen aika sendaka lir.

- 1. Ki ka yangertsü asoshi kimungji komala tesem ka nung lir ta asübaji kanga tongtibang.
- 2. Ali kimung tasazük jagi ki kodaka yangertettsü aji sayur.
- 3. Ki kobika atongtepa atutsü aji tarokdak tamentakdak dakji küta lir.
- 4. Aser ali rongsen, taküm anema aliba, shisatsü aser nübu ajak agi ki kaji yanger.

Kodang ki ka yangertsü tenzükdir kiburi pei taginüba yimya nung tamasa ki noksaji Architect Engineer nem asameyangdakja kiji tenzüka aor. Talisa asen Naga nunger asoshi Kohima, Dimapur amala Town ka nung kimung ka akabaji mesüra ki ka yangerteta akabaji pei taküm aser kibong nung nükjidong ka tongtetba. Anungji onsara jangratemtsü aser ajaki nükshiba mapa ka lir. Oda Kohima aser Dimapur amala nung alirtem aikati ki koma asütsü kanga junga meteta aliba nisungtem aika lir. Parnoki Mokokchung, Kohima aser Dimapur nung ki koma asütsü aji kanga junga meteta lir.

Ni Otsü ka yamai angashi. Mokokchung amala nung alirtem aikati Dimapur, Kohima nung ozüa ali tila ka lir ta asübaji jangratemtsüka bilemer. Ken mapang ka yamai atalok.

Lenir ka par medemertem den külemi sentepa otsü longtepa amendang, par medemertem Dimapur nung ali alia ki asüba otsü khonang küma jembitepba mapang pai, par-a Dimapur nung ali tila ka lir ta sangoktsü. Aji angashir par medemer temi aliji kodang ali, koba kiyong nung lir? ta kanga aoksaa metetnüa asüngdang. Idangji pai tera

atsüayonga meshinüi sayu, saka par medemertemi kangasa metetnüa rongshia asüngdang nung pai oda rakpoka, "Kenu-er kidang bulletin bag ka nung aliji tilaka seper kisa nung yua lir" ta ashi.

Dimapur, Kohima aser Mokokchung amala tesem nung ali alia kiojen yangertetbaji jangratemtsüka, aser ajaki nükshia bilemba mapa takok anguba kuli lir.

Ki ka asünung kiji arishia küm kwika alitsü ibaji asadanga Architect Engineer temi designed asür. Ni Engineer ka masü, saka yimya agi ki ka tashi eita yangertsü asoshi osettsüset tajung aser kisürtem dak tuluka küta lir. Engineer temi kiji junga design süjaka kisürtemi kiji süpetra kidangji telinütsü meküti akümtsü. Ki kwika atongtepa atutsü, pa temang touzük aser tashi akoktsü asoshi tamentakdak arokaroka tur tongshi azüngtsübaji kanga tongtipang lir. Yamaji kodang ki ka yangertsü asameyangdir, Engineer temi kimung tesem anüdok anüolen, mopung koleni aoner item ajakji asadanga kiji design asür.

Tsürabur mapang kisüba yimyaji kodang reprangdangdir jangratemtsüka lir. Parnoki tsüngküm mongpu shitak nung tongshi, tongnü, sanen lenok; iba den ita tajung apir au aser süngküm thangoka ayu, aser itemji amshia kisüjensü mapaji inyaka aru. Tsüngküm mongpu shidak nung itemji lepoka meyura tartsü/mesen agi chia raksatsü ta meteta, item maparen ajak Ita anogo takzüa inyak. Parnoki kisüjensütsü asoshi süngolung bendendang kanga ashibanga tagitsü osettsüset kecha kibur dang masüngdangi tanguba asaa mashi bena maru, saka ochishia asentzü sena meranga inyakba nungi dang

bendena kiji yanglu.

Mathi 7:24-27 tashi nungji, "Teyangerdak Kimong Ana" indang zülua lir. Ki ana ya kisüba maparenjibo kasa dang, osettsüset kasa dang, kasa ki dang, kasa tzünglu alu, tzümetsüng adok, mopung aon, aser item jagi ki anaprongla dakji kasa tashi agi nungshi. Saka kabo melao aser kabo lao aser iba laobaji tulu liasü. Ki ana tepilaji telangzüba ka dang lir.

Kiji kong amendak? Ka lungma nung aser ka lisemma nung amendaka liasü. Kiji onsara tobur junga yangerteter liaka, ali telunglenji koba ama tarok dak azüng? Tamentakdakji koma lir? ta asübaji kanga tongtipang. Tema tereprangtsü nungjibo kasa tamanger dang, kasa arogopur, kasa tekülem sentepi aoer, kasa tenzükba wadang nung lir, kasa sarasademer, kasa ken dang atener, tamanger ka ama kasasa dang Arogo nung shilemji agir, shinga balaka mali. Saka kechiba kabo lao aser kabo melao?

Tamang jenjang ya Tsüngrem o angashiba, lai azüngba, sarasademba, ken atenba itemji nai koda agizük ta asüba kija masü, saka nai koda amshiteter ta asübaji ajak dang tongtibangba lir. Kimong tazüngbaji koba teka tarokdaki ia azüngdir padakaji kiji tashi eita alitsü. Anungji ali telung nung rema aliba tamentakdak jagi dang tamang kuli agütsütsü. (The foundation will determine your faith).

Chichiba tamentakdak koba teka tarokba aser ochiba nung azünga lir, patakaji ner kibong tamang jenjang akanga alitsü. Tasüngdangbaji ya dang:

- 1. Ner kibong nung Architect Engineer-ji shiba?
- 2. Shibai ner kibong design sütsü?

T.Ken 127:1. "Kibubai kiji meyanglura, iba kisürtem amajok nung belemer," Kibong ka nung Khristaji teyongtsü mesüdaktsüra, amajok nung belemba kibong asütsü. Yimti ka nung ki ka tobur junga yangerba jagi talir dang anisüngzüker masü, saka iba yimtiji tobur junga merakütdaktsür. Talisa lendi nung alirtemi ki tobur junga asüba jagi yimti tobur jungdaktsür, saka kodang ki süsaa sütetdir iba jagi yimti tobur ajak raksatsür. Yisui tetenzük nung ashiba oji kechi liasü? Mathi 7:24 "Shibaisa kü o itemi angashir aser inyaker pa lungma nung ki asüba shisa taka nisung mesüka lir." Tsüngrem oji angashiba kijaji masü, saka inyakba ajanga tamang jenjangji akang akanga lidaktsür.

Iba akümli nung tatidang khuret, shisabulu, nüngsen khumen aser timtem toushi ajak ajanger dang Kotak yimli jenjang ajangzüktsü, mesüra molumi jagi aotsü. Taküm nung teti tenüngsang, tetushi aser temoatsü dang imlaa lira, ashiko Tzünglu alua, tzümetsüng adoka, mopung ona iba jagi ki dakji nungshidang, kiji laotsü aser iba laobaji tulu asütsü. Kibong tamang jenjang kobateka tarokdaki ia amendaker patakaji kiji akanga alitsü. Ner kibong ajanga na meküta aliba nübur temoatsü angutsüsa tamang jenjang aser taküm libaliru tamentakdak tarokbai aitsü ayongzüker.

### SHIA ARUBA TEPELA

(The Joy Of Resurrection)



- Sentisashi Aier

China nung Yisu Khrista dak amangertem kanga rishikangshia aru. Aiben communist-temi tenla ki rongdoktsü aser khenkhenbo tamangertem mi agi rongseta südaktsü. Mapang ka nung osang zülur kati, mi agi rongseta südaktsütsü tepuokdak alir Khristan telok ka ajurua yamai asüngdang; "nenokia mi agi rongseta südaktsütsü ya tsübur asü metsübur?" Idangji parnok rongnung nisung kati, menürema tejak tesangwa nung yamai langzü ta ashir, "Parnoki iba ali ki rongdokjaka, kü dak aliba tebu Tsüngrem kibo merongdoktsütettsü."

Nai kanga meima aliba medemer ka, mesüra nai kanga meima aliba chirnur ka, mesüra nai kangasa meima aliba ne kinungtsü/ kinungbu tasü nungi shia arunungbo, nai koma pelatsü? Ni bilem nung na kanga pelatsü, süngmanga pelatsü, nüktzü yima pelatsü, jokshishia pelatsü, mamangteti pelatsü... mesüra ayimtena pelatsü.

Amungnü süir külen, deobar anepungi Mari Magdalin aser tangar Mari leper ajidangi aru saka leperji tazüng liasü. Kechiyong Yisui shina ataba ama, pa shia aruadoker liasü.

Kodang parnoki pa shia aruba osang kotak tenyar nungi angashi, 'Tetsübu aser tepela tulu nung' parnoki leper nungi ilunga or nütsüngtem dang iba osang tajungji sangoktsü (Mathi 28:1-10).

#### Kechiba pelatsüla?

# 1) Tatem maka taküm senpet agütsüba yong (For the gift of Everlasting life).

Asenok shiangaia mesüner. Apple company ngutetsang asür Steve Jobs-i ashiba ama, "kotaki aotsü ta amangertemia mesüner." Au, asenok shingaia mesüner (onok pastortemia mesüner), saka kenübosa iba ali shi ya asütsü. Aji saka Yisu Khrista sür leper nung remaka, pa tanaben takok aser sentsüwangshi nung shia aru. Pa shia aruba dang masü saka asenoka Pa ama shia arutsü aser teti tatem maka taküm alitsü pai senpet agütsüogo. "Ni taküm lir, ajagi nenoka taküm alitsü" Yohan 14:19.

Dr. O.M Rao-i züluba kaket *Sermon for Special Occasion* nung pa experience ka yamai shia lir. Kenü anogo Hindu student kati pa dang, Hindu yimsü aser Christian yimsü na tepilaji kechi 'ojang' kati shidangang. Rao-i melangzü tsüngda, pa den alisang medemerba jagi 'teti taküm' ta langzü.

Iba lima nung asenok tekangshi kar. Akümlir wadangji taret lir. Tamang rara anogo shia raratsüsa akümer. Nisung tashi kisüng agi dangbo makoktsüsa khuret nenjanga abenba pur aika lir. Saka 'teti taküm senpet' agütsütsü nangzükba ajanga, iba dakji rangloker tanü asenoki atasaa aser aremzüka tamang lenmang nung pelaa jajar.

Pastor tasen ka arogo kati atu. Pai par arogo nung tamanger tajung tetsür ka ajurua tena mezüngbuba otsü alungdang, pai la dang "ne kinungbo kong lir?" ta asüngdang. Lai langzü, "Khrista den taküm lir" (He is Alive with Christ). Pastorba mulung nung tebilemdangba onük ka arubaji ya liasü, nisung ya shi nung taküm liaka, mesüra shi nung süadokaka tongtibangtibaji "Khrista den taküm alitsüji lir." Na Khrista nung taküm lira atangji nai kenübo tatem maka taküm senpet angutsü aser ibaji tebang agi rasaa meshitetba tepela asütsü.

# 2) Mangyim tepela agi melentsütsü (Their mourning turned into joy):

Leper tazüng! Tazüng ta asüba ya shidakbabo aiben takoksa len amshiba o lir. Jangpong tazüng! Wallet tazüng! — (asangur tashikar sürnung). Tekolok tazüng! Tepok tazüng! Saka leper tazüng ta asüba yabo, osang tajung rongnung tulutiba ka liasü. Ya tepelatsü osang liasü. "Kechiba nenoki takümji tasür rongnung bushir? Pa yangi [leper nung] mali, saka shia aruogo" Luke 24:5.

Dawidi tenüngsang agütsüba sarasadem agidang ashiba o tajung kaji; "Nai kü mangyimba tsüngsangba agi melentsüogo, nai kü anemsü pongzüktsüogo aser ni tepela agi sobutsü" T. Ken 30:11.

Salome, Yakob tetsü Mari, Mari Magdalin, Nütsüngtem aser Yisu sülen anidaker ajak, Friday nungi mangyim tia nung liasü. Par Rabbi kangki nung timtemseta südaktsü, parnok ajak pungshia jenshia ao, par teimla ajak mopungi oner oadok, aser parnok tetsübu tulu nung liasü. Saka Easter anepdang, Yisu

Khrista shia aruba ajanga parnok mangyimji tepela agi melentsü.

Yisu tasü nungi shia arubaji nisunger o agi rasaa ashitsü tasak lir. Jangratemtsü otsü ka yamai bilemteter. Aluyimer ka dang Easter anepdang osang bener kati yamai asüngdang, 'Yisu Khrista tasü nungi shia aru' ta asüba ya nai koma angateter? Aluyimer jagi langzü, "Ozü kidang nashi tanak ka lir, iba nashi jagi süngolio green achir, saka mamatzübo 'temesüng aser temerük' dang agütsür. Tamangertem atema mapang kar nungbo alima tensaji 'tanak' ama asütsü, mesüra kibong aser taküm dangi 'yipru' arutsü saka nashii mamatzü temesüng agütsüba ama asen tia melentsü koka lir. Dawidi ashibaji "tajepbaji konung dang alitsü, saka anepdang tepela arur."

2. Shia aruba ajanga asenok nem teti tepela bener arutsü (Resurrection Brought About Permanent Joy): Yohan 15:11 Yisui yamai shia angutsü; "kü tepela nenok dak alitsü asoshi aser nenok tepela peridaktsütsü asoshi.

Alima nung tepela tapu balala aika lir. Saka item tepelaji teimba ka mapang khenpika atema dang lir. Class X jenjang tajung nung pass asü nung pelar saka ano college entrance agütsütsü atema shisabulur. Konang aser tetushi agi tepela agütsür saka ibala tepelaji arishi tatsü lir— Eg: Elves Persley, Michael Jackson. Sen agi tepela agütsür saka khenpika asoshi dang lir. Jay Gould, American nunger millionaire kati pa tasü yipden nung yamai shia lir... "Ni bilem nung alima rangben nung ni ya ajak dang tejashitiba nisungji alitsü."

Tasü nungi shia aruba Khrista dak asenok lira, tia balala

ajuruaka, temulung tulungtiba nung tepela aser tesünep teti alitsü. Shia aruba tepelaji ano yamai angatettsü akok: Pa dak azük sürnung pai asen komo apushitsü; Pa dak azü ayim sürnung, pai taneptsü ang agütsü; Pa alener merenshi nung asenok temenen nungi salaa nüchiba agütsü; Pa asü sürnung, asenok nem teti taküm agütsü, Pa tuoshia kangshi nung asenok nem tepela agütsü. Alimai pa mangatet. Sepaitemi pa makok. Yimsüsertemi atenten. Phariseetemi pa menokdangtet. Pilatei pa metepsettet. Leper tashi laoadok. Pa takokba nung shia aru.

Yisu Khrista tasü nungi shia aruba indang ya Tenyar Pauli pa shititem nung kanga abensaa aser lepshia zülua angur. Talisa I Korint 15 nung Pauli Yisu shia arur nütsüngtem dak alaka, nisung noklang pungo dak chia dangi adok ta shia angur. Pauli Khrista shia aruba ain nung ajangajanga amang aser iba shia aruba tepela pa dak liasü ta asenoki Filipi kaket nungji angur. Filipi kaket ya Paul tsüngden chiokdak timtem nung alidang zülu, ajisaka pai amangba pur dang "teti Kibuba nung pelaang, tanabena ni lepshia shidi, pelaang" ta shia angur (Filipi 4:4).

Tamanger jakla tongtibangtiba kaji 'tepela' ya asütsüla. Rongsen nung kaaeita alidang pelaba ama masü saka temulungjang telungtiba nung, kechi tia nung lidir liaka, tepela ken tena aliba nisungtem asütsüla. Kechiba yamaji pelatsüla ta süra, asen kümtetdakba Khrista asü aser ain tashi tulu nung shia aru aser tanga pa taküm lir. Aser pai asenok nem iba teti tatem maka tepela senmangji talubosa tokja lir. China nung tamanger rishikangshi tulu liaka, parnoki menürema, tejak tesangwa nung, oda tasütsüa metsüpui shia aruba Khrista den tepela aser teimla nung aliba ama, asenokia alitsü merangdi.

## TIA AJAK NUNG TSÜNGREM DAK TAMANG AKABA TETSÜ



-Bendang Imsong

Taküm 2020 January ita Ojala mapang tatsüka amongtsü asoshi Kohimai aru. Joko arishi küm 81 tain, anungji akhi ama tashi eita mejajar aser mokokmin aika kümogo ta ajitet. La meyipa or külen jala tantsülai ajungbena otsüla tasoba anogo kodang ta asüngdang, aser ni memetet ta langzü. Idangji lai kü dang kodasür nai otsüla tasoba anogo dang tashi memetet ta süngmanga asüngdang! Anungji ni jala dang otsüla tasoba anogo asüngdangang ta shir tena jembidaktsü, aser kanga dang jangjaa tasoba anogo asüngdanger lai züluoka ayu.

Ni joko küm lir pungo tema saka tanü tashi laibo ni tasoba anogo nung anepdang yakta tepela tasoba anogo asoshi sarasademtsüogo ta shia wish asür. Saka ni tanü tashi kütsü tasoba anogo wish mesüdang, kanga akseta bilema iba otsü lemsar. Ojala temeim ya tesüngmangtsüka lir, tanü tashi la jajatsü tetsüng agi mokoki yamaji tantsür kümaka kidangi aodang chiyungba aoso dena lai dang shidoktsüdi ta shia oda asenbo lokti mapa Tsüngrem mapa ji dang takok ngua inyakang ta ajungshir. Ojala temeimibo pei tanur tajungtiba aser

tamajungtiba kasa dang aria bilema meimba aser tamang katetba temeim lir. Tia tensa balala ajurudang lai teti jembiba o kaji, Tsüngrem dak amanga meshira Pai makoktsü kechi aka, amanga sarasademdi arung ta ajungshir. Isaia 49:15 "Tetsüri pei nu menden nungi anguba tanur dang aria mebilemtsüsa pei mamayongba tanur amadokdi ma? Itemi amadokaka aji saka nibo na mamatsü".

Susanna Wesley (John Wesley tetsü) tanü tashi alimai tetshitsüsa litetba taküm ya koda jangratemtsü ka. Tanur tertuko (19) den kidang la bangdak kübok azüoka anitetba tashi ya kechi nungi? Lai Tsüngrem akümtsübua Pa O nung nendaka sayutsü meranga sarasadem nung aniba ajanga. Anogoshia lai ghonda ka sür tesadang la apron agi tekolak nung meyiloker sa sarasadem. Anungii joko lar tanuri aji meteta aküm nung, kodangsa lai apronji tekolak nung meyilokdir memeinprong. La sarasadem ajanga England lima anokshidaktsü. Asen sarasadem jenjanga koma lir?

Tanur asüdang nungi tang tashi nung ojala ta asüdang, la yakta yimdangi arua bilemtetdaktsüba kaji la sarasademba Ola. Tenarong nung maneni angashiba ola ji la nüktzü yima anepdang züngia, anüngdang, aser aonung sarasademba olaji lir, aji amadoktsü makokba temenungratsü Ola. Ojalatem aika pei taküm, kibong, kinunger, arogo aser alima asoshi iba sarasadem ronem tajung menemdaktsüba ajanga Tsüngremer sentong ataloka taküm tetezü angateta litetba takümtem lir.

Mosa tetsü Yokebed taküm ya timtem khuret tetsübutsü mapang tasü tait ojala. Lai lar jabaso tanur asüdang, aser la ket nung alidang mapang shitak nung Tsüngrem o ajanga ochi sayu aser laia liteta sayu nung, Mosa tain akümdang Tsüngrem memetetba chuba kidang kong temeshi lai O tesayuba maka yangji intetaka iba ochi taküm O nungi mepila.

Ruth Graham tanur pungo tetsü, ano kaket zülur ka, lai ashi "sarasademji tetsür asoshi tongtibang, kechiba süra asenoki aika meinyaktettsü saka Tsüngremibo inyaktet. Laishiba nung maneni sarasademang ta ozüng agütsüba ya mazüngi aliba tetsü kati talila tangar dang nungi appreciate sütet". Tebuba (Billy Graham) teimba aenlen sayutsüngia senzüdang kodaser lai temokok agi tsüketer mapang endoktet? Kidang tanuri tashi mangai alima jangratem tepela nung nemzüdanga, Tsüngrem dak dang imlaa tamang tulu marakzüi teti sayuba tetsü, ibaji ajanga Tsüngremi tanur taküm melenshitsü, koda jangratemtsü. Tsüngrem dak dang amanga yimlaba den Pai mulungba ama liteta ora ajak takoktsü lir.

Apijemtsü Shin 22:6 "Tanur ka pei aotsüba lenmang nungji sayutetang; aser pai tain akümdang iba nungi mepilatsü". Khristan psychologist Dr. James Dobson dang yamai asüngdang: Meimchirtemi kanga timtema angazükba ya ita ishika tsüngta 80% amadoker süra kechiba yamai timtema angazüker? Pai yamai langzü:

Angazükba ajanga tain küma aodang pei taküm azüoktsü (self discipline), taküm sottsü (self control) akoker.

Azüngba ajakji nüngdak mapang shitak nung mebilemtetaka, kechi nung bushi nung angutsü meteta lir/kümdaktsür.

Permanent memory nung shitakba, ochiba aser tongtibang jibo 100% mamadoker.

Angazükba agi melenshir.

Tazüngkunem 6:4 "Angang, Oh Israel, Kibuba asen Tsüngremji Kibuba ka dang lir. Ibri oshi nung 'Angang' ta ashiba ya 'Angatsüba' aser'Inyaktsüba' ibaji pilatsü makok. Tanü tetsü temi pei tanur tem asen ket nung alidang Tsüngrem O nung mesayutetra, kobi melii parnok taküm alimai sayutettsü, idangjibo komala taküm ka asütsü aseni ashitsü makok. Tsüngremi tsürabur nem maongka ulura agütsüa lir aser aji aseni shisa kaa shimtsüla. Shisa kaa sayutetra kanga temoatsü, saka Tsüngrem O nung jangja jangja shia lir sürnung tamashi tsürabur süra lendongi menepogo ta angatetti.

Tanur dang sayutsübaji asenok tsürabur nem agütsü, Tazüngkunem 6:4-9 ".....v7 Itemji nai ne chirnurtem dang nendaka sayutsüla, na kidang mena alidang aser na lenmang nung jajadang aser na mejangdang". Anungji tanü koba bangdak aser maongka asen nem agüja lir tetsütem aikati mejangjai alitsüa akok, ano aikati rajema angateta lir sürnung meinyaki alitsüa akok, mesüra tanü alima tangatetba shisatsü ajanga sayutsü meranga alitsüa akok. Saka Tsüngrem akümtsübua Pa O tesayuba tiyongtsü mesüdaktsüra majungtsü. Tanü ta asüba mapang tajung alangzükdi arungma.

Rom 10:17 "Anungji tamangji tangashiba nungi arur, aser tangashibaji Khrista indang sayutsüngiba nungi arur".

Asenok asoshi tanü alimai aseni anganüba osang tajung aika agütsür, saka Khrista shiba asen maksü aser menen ajak bener kangki nung angenlok, sür shia aru iba Osang tajung sayutsüngiba asen taküm nung jangja angateter liteta mesayura amajok. Apijemtsü 29:15 "Artsüng aser tarütsübai tashitemetet agütsür; saka pei sünütsüsa toktsüba tanuri pei tetsü maksüdaktsür". Arung, mapang shitak nung asen chirnurtem Tsüngrem temeim nung azüoktsü merangdi. Ojalatem, na küm nung tain asütsüa akok, aturar asütsüa akok, kiyim lanutsür dang asütsüa akok, saka aseni Tsüngrem tashi nung asen tanurtem, aser asen kibong Pa dak tamang akangakanga yur jembidi aser inyakdi. Ne taküm Tsüngrem O nem teti len anidaktsüba aser iba amaji liteta sayutetba tetsü ka südakjangma.

# FATHER SCHOOL NUNG ATENBA TAJANGZÜK



-K. Aküm Tzüdir Tzümok-kong Baptist Arogo

Kohima Ao Baptist Arogo nungi tesayurtem arua ozü Arogo nung Father school akadang, nia densem nung kanga dang pelar aser Tsüngrem tenüng asanger. Father school ya komala ka asütsü ta bilema, iba school nungji atentsü tejangraba tulu nung yongyaseta ataa liasü. Yamaji atar kodang iba school nung oa aten, anogoshia tamanger ka taküm nung libaliru aser wainshin tsütsü tangazükba tasen aika ngua liasü. Iba school ya ni bilemba dang nungi asangsang nung kanga agi tajungba ta angateta kü taküm nung tajangzük jenti nguogo. Anungji iba kaket ajanga Yisu Khrista dak amanger tebutem shia den, Father School nung atenba tajangzük kar lemsateper

- Chirnurtemji Kibuba nungi anguba senmang aser aji tebu kati kanga junga ketdang asütsüla.
- Tebu kaji teburchi tebu ka asütsüla, paji mulungsentsü temerük, ochishir, tangari akhümtsübuba taküm aser tim

- lenmang nungi ali rongsen bendena kibong mesütetba tebu ka asütsü angazük.
- Khristai sayuba ama, tebu kati ajak den saku litettsüla, arla makai apuani aser chirnur dang meimtsü aser tila küma tenzüktsüla.
- Tebu kati pei taküm aser kibong nung Khrista tiyongtsü südaktsür iba akhüm jagi kibong awabanga anitsüla. Tsüngsak mopung balala ajanga kibong anokshidang, itemji tizüktettsüsa kibong nung tzü masenba tesendaktep takang akatsü nüngdaker. Aser item ajakji tebu kati pei taküm nung Khrista mezüng südaktsüba ajanga dang takoktsü ta angazüka liasü.

Atangji, Father School ajanga ni melenshira kibong rangben melenshir ta meteta aruogo; kechiyong tanü ni ibai asangsang nung tendangtetogo. Ni amanger, kodang tebutem melenshidir idangji asen lima nung teraksa kechisa lir item ajakji melenshitettsü. Anungji arung, tebutem! Asenok ajaki yongyaa aliba temelenshiji asen dak nungi mezüng tenzükdaktsüdi. Tsüngremi moajang.



# **CHOLESTEROL**



-Dr. Watikala Longri

#### WHAT IS CHOLESTEROL?

Cholesterol is a waxy, fat like substance and is an important component of every cell in our body. It gives cell membranes strength and flexibility. The body needs cholesterol to make hormones, Vitamin D and bile that helps in digesting food. The body makes all the cholesterol it needs.

Cholesterol levels should be measured at least once every five years in everyone over age 20. The screening test that is usually performed is a blood test called a lipid profile. Experts recommend that men ages 35 and older and women ages 45 and older be more frequently screened for lipid disorders. The lipoprotein profile includes:

## Total cholesterol

LDL (low-density lipoprotein cholesterol, also called "bad" cholesterol)

HDL (high-density lipoprotein cholesterol, also called "good" cholesterol)

Triglycerides (fats carried in the blood from the food we eat. Excess calories, alcohol, or sugar in the body are converted into triglycerides and stored in fat cells throughout the body.)

# WHAT IS THE NORMAL CHOLESTEROL LEVEL?

Total cholesterol levels less than 200 milligrams per deciliter (mg/dl)

A reading between 200 mg and 239 mg/dl is considered border line high.

A reading of 240 mg/dl and above is considered high.

LDL (low-density lipoprotein) cholesterol levels should be less than  $100\,\mathrm{mg/dl}$ .

#### WHAT WILL HAPPEN IF YOU HAVE HIGH CHOLESTEROL?

Our body needs cholesterol to build healthy cells but high levels of cholesterol can increase the risk of heart diseases. With high cholesterol, one can develop fatty deposit in the blood vessels and sometimes those deposits can break suddenly and form a clot which causes a heart attack or stroke.

#### WHAT ARE THE SYMPTOMS OF HIGH CHOLESTEROL?

High cholesterol has no symptoms. A blood test is the only way to detect if you have it.

Ask about being tested for cholesterol levels. One can however develop symptoms of heart disease, stroke or atherosclerosis in other blood vessels such as left sided chest pain, pressure or fullness, dizziness, unsteady gait in walking, slurred speech or pain in the lower legs.

#### WHICH FOODS ARE HIGH IN CHOLESTEROL?

Cholesterol is one of the most misunderstood substances. Some cholesterol-rich foods are loaded with important nutrients which may be lacking in many people's diets.

The following foods have cholesterol that are nutritious:

Eggs.

Cottage cheese, low-fat yogurt, skim milk.

Shellfish (clams, crab and shrimp).

Pasture-raised steak/beef which is leaner meat.

Organ meats (heart, kidney and liver).

Sardine fish.

The following are foods high in (unhealthy) saturated fats:

Fatty cuts of red meat - beef, lamb, pork.

Poultry with skin.

Processed meat (sausages, hot dogs, bacon).

Lard – fat from abdomen of pig used like butter for cooking.

Whole-fat dairy products such as milk cream, butter, ghee, full-fat cheese and yogurt.

Deep fried food.

Fast food.

Processed food such as biscuits, canned, frozen, packaged and preserved.

Desserts (cookies, cakes, ice cream, pastries)

Takeaway food such as hamburgers and pizza.

Saturated vegetable oils such as coconut oil and palm kernel oil.

#### CANSTRESS INCREASE YOUR CHOLESTEROL?

There is compelling evidence that one's levels of stress can cause an increase in bad cholesterol indirectly. For example, one study found that stress in positively linked to having less healthy dietary habits, a higher body weight and a less healthy

diet, all of which are known risk factors for high cholesterol.

#### DOES LACK OF SLEEP RAISE CHOLESTEROL LEVEL?

In a study published by sleep researchers, it was discovered that both too much and too little sleep have a negative impact on lipid levels sleeping less than 5 hours at night raised the risk of high triglycerides and low HDL levels in women.

#### DOES EXERCISE LOWER CHOLESTEROLLEVEL?

Exercise can improve cholesterol levels. Moderate physical activity can help raise high density lipoprotein (HDL) cholesterol, the good cholesterol. With your doctor's consent depending on your physical condition, work up to at least 30 minutes of exercise five times a week or vigorous aerobic activity for 20 minutes, three times a week.

### **HOW CAN WE CONTROL CHOLESTEROL?**

#### **FEEDING YOUR HEART**

Food can help lower cholesterol levels. A few changes in the diet and lifestyle can reduce cholesterol levels and improve the heart health.

Eat more fiber by focusing on fruits, vegetables, whole grains and beans. Increasing soluble fiber in food also helps in improving digestion as well as lowering blood sugar levels. Namely - oats, beans, barley, cereals, seeds, rice bran and sweet potatoes, avocados, broccoli, turnips, apples, pears, bananas and citrus fruits like oranges, helps in lowering cholesterol levels.

Reduce saturated fats which are primarily found in red meat and full-fat dairy products. They raise your total cholesterol.

Be mindful of fat intakes. Eliminate trans fats which are found in snack food, processed refined oils, packaged baked goods and fried fast food.

Eat more plant sources of protein. Add whey proteins.

Eat fewer refined grains such as wheat flour.

Eat food rich in Omega -3 fatty acids.

Cut back on unhealthy habits like smoking.

Increase physical activity. Lose weight.



Deobar shia Town Fellowship nung Wheelchair nüngdakertem asoshi lanurtemi achayanga yariteptsü renema lir. Anungji iba teyari nüngdaker temi, Mr. Arep Tsüdir, Asso. Pastor Youth den item number nung tongteprateptsü akok. Mr.: +91 - 9619142146; +91 - 8413832463



# AROGO GENERAL OSANG

January – March, 2020



-A. Moa Longchar Arogo Secretary

## Rev. T. Chuba Jamir (Changdang) Sodi Agiogo:

Rev. T. Chuba Jamir, Kohima Ao Baptist Arogo nung küm 33 tashi Arogo Secretary aser Pastor mapa melentepa inyaka arur, January 5, 2020 anogo KABA tenzükba mapa nungi anisüngzük agiogo. Asen Tenzüker aser kibongi kanga nendaka aser bendanga agüja tenzükba asoshi arogoi kanga pelar aser Tsüngrem tenüng asanger. Tsüngremi par kibong Pa wadang asoshi temaba nung amshiang ta amangbapur ajaki sarasadem nung bilemtettsü ayongzüker.



#### **KABA Associate Pastor Tasen:**

KABA küpok Merhülietsa aser Town Fellowship nung mapang tatsüka Pastor tejangja makai arur, Arogoi moa yangji tenzüktsü asoshi Tenzüker ana shimogo. Item tenzüker anaji-(i) **Mr. Odisashi Ozüküm** (Mongsenyimti), December 1, 2019 anogo nungi tenzüka, Merhülietsa Fellowship nung Asso. Pastor, aser (ii) **Mr. S. N. Among Jamir** (Longmisa), January 1, 2020 nungi tenzüka Town Fellowship nung Asso. Pastor mapa inyaka arudar. Arogopur temi sarasadema ataba ama, Tenzüker tajung ana moatsüba asoshi Tsüngrem tenüng asanger aser parnok ajanga amangbapur ajak temoatsü tulu angutsü ajaki sarasadem nung nungita yaritsü ayongzüker.



Mr. Odisashi Ozüküm



Mr. S. N. Among Jamir

## **Fellowship Tasen:**

Kohima yimti tuluba küma aoba den asen Aor nütsüng renlokba ajanga, Arogoi amangbapurtem pei aliba tesem anasatiba nung Tsüngrem külemtettsüsa maongka agütsütsü nükjidong nung, Fellowship ana nung aonung senteptem tenzüka aotsü telemtetba agir nüngdakbatem ajak inyaka aru. Yamaji taküm January mezüng Honibar (4/1/2020) nungi tenzüka, IMCHEN GUEST HOUSE nung, NEW MINISTERS HILL FELLOWSHIP sentep agia arudar. Mapang tatsüka atema iba tesem nung aonung senteptem agia atatsü.





Ano New Secretariat aser iba temeküt nung alirtem atema Tenla ki ka renemogo, aser iba tesem nung aonung senteptem February 29, 2020 nungi tenzükogo. Iba Fellowship dang, "PHEZOUCHA FELLOWSHIP, KABA" ta ajatsü. Iba tenla ki ya SIRD Directorate nungi tatsüka lur lir. Iba nung New Secretariat aser temeküt ATI, DBS, Billy Graham Road aser item temeküt nung alir ajak oa tentettsü. Fellowship tasen ana tenzükba ajanga Toklang Tenzükertem tekaratiba nung amangbapur dangi tsüngdong oa yariba den, züngsem teimbai khulisüba mapa tesademba nung shilem agitettsüsa lenmang sadema lapoktsür ta arogo tamang tulu lir. Anungji iba tangatetba nung amangbapur ajaki pei akok shilem agitsü ayongzüker.





# 2020 küm Fellowship shia nung Pastor aser Deacontem yamai alitsü:

Fellowship	Pastor	Yim	Deacon	Yim
Over all	Rev. M. Asangba Lkr	Waromung		
Incharge	Sr. Pastor			
Town	S.N. Among Jamir	Longmisa	Dr. Imotemsü	Khensa
			Tiamenla Longchar	Waromung
			T. Temsü Jamir	Asangma
Chandmari	Tiatoshi Longkumer	Longjang	Kikalemba	Khar
			Rowainla	Süngratsü
			Tali Jamir	Chuchuyimlang
A.G.	Rev. I. Bendangmeren	Longkhüm	W. Meya	Longjang
			Er. Sübongliba	Settsü
			S.Toshitemsü	Mopungchuket
			Jamir	
Lerie	Rev. A. Chuba Jamir	Changtongya	P. Ajung Amer	Changki
			Dr. M. Temjen Lkr	Mopungchuket
			R. Wati Imchen	Mongchen
Ministers' Hill	Temjenmongba	Chuchuyimpang		Chuchuyimpang
	Sempo		Dr. I. Bendangla	
			Lkr	
			Marsoba Imsong	Longkong
			R. Odimar Jamir	Kangtsüng
			N. Abong	Aliba
			Pongener	
Merhülietsa	Odisashi Ozüküm	Mongsenyimti	N. Rongsensashi	Waromung
			Dr. Watikala	Longkhüm
			Er. S. Lanu Jamir	Unger
Bayavü S	Sentisashi	Süngratsü	P. Moa Longkumer	Kübza
			Obang Longchar	Changki
			S. Rongsen Ao	Khensa
			S. Senka Jamir	Longkong

March – May, 2020 tsüngda Arogo nung tongtibang sentongtem itemi lir. Ajaki sarasadem atar arua temoatsü agitsü ayongzüker.

 Arogo nungi atsünga alirtem meyipa agizükba: 18<sup>th</sup> March, 2020

2. Lai bushiba sentong:  $20^{th} - 22^{nd}$  March, 2020

3. Lai bushiba aser Tzüsenba sentong: 23<sup>rd</sup>-29<sup>th</sup> March, 2020

4. Passion Week:  $6^{th} - 12^{th}$  April, 2020

5. Arogo Inti Asüngsashi:  $24^{th} - 26^{th}$  April, 2020

6. Züngi sarasadem:  $1^{st}-20^{th}$  May, 2020

7. Khristan kibong hopta & Ken kaket nungi Ken bushiba:  $11^{th} - 17^{th}$  May,2020

# AROGOTSÜR OSANG



-Rev. Yashila Jamir

- 2020 küm tasen tenzükdang Women Ministry kübok Tenzüklatem aika, 2019 tashi kanga bendanga agüja meranga tenzüker anisüngzük agiogo. Larnoki tenzükba mapa tajung maneni tejang tanga, Tsüngrem sentsüwangshi tali jungkai adokdaktsütsü teimla nung pelaa bilemer. Sodi agirtem rongnung, Tenzükla 22; S.F.C züngsem 7; Learners' Cell züngsem 3 liasü. KABA Women Ministry ajanga larnok ajak dang kanga pelar.
- ➤ 2020 KABA omen "Tarokdaki" ta shima lir. Iba omen dak ajemdaker, küm piyong Women Ministry ajanga tenyaba wadang balala inyaka aotsü sarasadema atadar.
- ➤ Küm tasen tenzüka aodang, Tetsürtem tanela taküm renemshir apusotsü nükla nung, February 1 anogo Tetsür Tanelaren Benjongmung sentong ka agia liasü. Iba sentong nung Rev. Dr. Mar Pongen, Principal, Clark Theological College, Aolijen ajanga tongti o jembia sentong takok tulu nung tembanga liasü.
- February 14, Tenzüklatem Orientation aser February 15 Sanctuary Flower Club züngsemtem orientation sentong agia liasü.

- February 18 anogo, ABAM Women Ministry Lenirtem Sensaksem Zone 8 & 9 sentong Diphubar 'B' Ao Baptist Arogo nung kaa liasü. Iba sentong nung asen Arogo nungi Tenzükla 4 oa shilem tajung agia densema liasü.
- Küm tetenzük nung sarasadem mapang ka, International Women's Day (March 8) nüngtem nung kaa liasü. Iba sarasadem sentong ya KABA kübok Fellowship ajak nung tetsürtem külemi lungjemer agia, tatener ajak tanela nung temoatsü tulu ngua liasü.
- ABAM Women Ministry ajanga nungloktsüba ama, 'Sisterly Care Ministry' Aoyim Baptist Arogo den yariteptsü sentong tenzüka odagi. Iba sentong asoshi March 27-29 tashi asen arogo nungi teshimtet nübu oa tenyaba wadang inyaktsü sarasadema renemdar. Anungji amangbapur ajaki iba sentong takok asoshi sarasadem nung nungita yaritsü mepishir.



# CHRISTIAN EDUCATION MINISTRY OSANG:



-Mrs. Alice Walling

#### **Pre Christmas Carol:**

2019 December 6 nikongdang KABA Child tanurtemi Christmas carol ka ayongzüka liasü. Iba sentong nung tanur noklang ka shi ajanga Christmas Ken atenba aser Tsüngrem o nungi tayongzükba agütsü. Senzüsenponger aser tsürabur aika sentepa longsotepba den tanurtemi sangoktsüba osangtajung ajanga temoatsü tulu ngua liasü.



## **Child aser Sunday School Sentep Mapang:**

2020 küm Sunday School aser Child sentep anabrongla kiyong 8 nung tenzükogo. Anungji pei tetsü oshi nung Lai o angazükdaktsütsü asoshi tsüraburtemi pei chirnur ajungshia yokdaktsünür. Tongtibangsa tsüraburtem Devotional sentepi arudang tanurtem den külemi arutsü aser tanurtem child sentepi aotsü, aser sentep temer külemi pei kidangi otettsüsa arogoi sentong yanglur agia arudar. Anungji teküboklen agüja aliba mapang nung sentepi yoktsü mepishir.

Sunday School: 7:00 - 8:00 AM

Child Sentep : 11:00 AM (Devotional Sentep Mapang)

Survival 2020:

Tanurtem camp nung kenbo tendanger alirtem atema, March 6-8 tashi 'Survival 2020' sentong JMC nung, 'Launching Deeper' Omen dak ajemdaker kanga takok ngua kaogo. Iba sentong nung Sb. Bendangsashi Walling aser Wt. Alice Walling ajanga tongti o jembi aser Dr. Bendangla o Dr. Longpuremen Jamir nati mapa ajanga angazükdaktsüba shilem agi. Sentong nung tanur \_\_\_\_\_\_ dena temoatsü tulu ngua liasü.



## Meyi Benjong aser Meyi Rejumong:

Tamanger ka asoshi sobaliba aser tanela anaprong tsütsü kümküma aintsü tongtibang ta tangatetba nung, School tanurtem meyi sodi mapang Meyi Benjong (June 20) aser Meyi Rejumong sentong (July 10-12) anogotem nung akatsü renemdagi. Meyi Benjong sentongji asen sobaliba nendaka angazükdaktsütsü, aser Meyi Rejumongji tanela asüngsashiba sentong ka asütsü. Anungji Calendar nung agüja aliba anogo nung sentong takok ngua agitettsü aser tongtibangsa tanurtem ajak anema lia tentettsü amangbapur ajaki sarasadema atadi.

## **Children Library:**

Asen arogo nung Tanurtem atema Kaketnang (Library) tajung ka lapoka lir. Iba Kaketnag nung tanurtemi züngnütsüsa kaket tajung aika bendena yua kar. Tejangrar tanurtemi iba Kaketnang nungi honibar shia anepdang 11:00 ako nungi nikongdang 2:00 ako tsüngda nung arua kaket bener aotsü, aser taruba honibar kasa mapang nung meyipa bener arutsü ta amshitettsüsa arogoi lateta lir. Iba Kaketnang ya KABA arogo office (Main church) nung lir, anungji tsüraburtemi iba temoatsü agitsü asoshi tanurtem ajungshia yokdaktsünür. Tanurtemi Kaket azüngba yimya sübatsü kanga tongtibang, kechiaser Kaket azüngba nungi shisatsü aika angur. Tanurtemi item yimya tajung benshitsü tsüraburi sayutsü kanga dang ajungshir.







# YOUTH MINISTRY OSANG

Amangbapur ajak dangi KABA Youth Ministry ajanga Yisu Khrista temeim salem abener. 2020 küm tenzüker Tsüngrem temeim aser taochi ajanga Youth Ministry nung sentongtem ajak takok nung tanü tashi len ania arudar, iba asoshi Tsüngrem tenüng asanger.

February 14-16 tashi, "Finding Your X-Factor" omen nung ajemdaker sentong ka ayongzüka liasü. Iba sentong nung Bangalore nungi Reverend Jacob Issac, KABA nungi Mr. Zülu, Asso. Pastor Mission, aser Mr. Bendangsashi Walling Asso. Pastor ajanga Tsüngrem O den tesayuba balala agüja lanurtem temoatsü den tangazükba jenti ngudakja liasü. Iba sentong ya lanurtem shirnok Tsüngrem temeim bo angatet saka ano chichiba tekümtet tejangja anguba memeteti ratamata ali, item asoshi pei taküm jenjang reprangshiba mapang tajung ka liasü.

Sentong nung Mr. Bendangsashi Walling, Asso. Pastor ajanga lanurtem den, kara ainba lima aser tamangba indang jembia liasü. Pai lanurtem dang parnok taküm nung Tsüngremji koba jenjang (level) nung amendaka lir ta asüngdanga, Tsüngrem den tesendaktep jenjang aroka asadangtsü ajungshi.

Talisa tanü alima ainba aser terenlok den lirumedema aotsü merangdang, Tsüngrem amadoker Tsüngrem anema apusoba tebilemtsütem lemsatep. Tsüngremer temoatsü temji temenen mapa asoshi masü, saka aji tim masüba lenmang aser mapatem inyaka merumeruba ajanga tai kümdaktsür ta angajemdaktsü. Pai Yakob 1:13-14 zünga, "Kodang kar atidangdir, Tsüngremi ni atitanger ta nisung shingaia teshi; kechiyong tamajung agi Tsüngremji atitangtsü makok, aser paia shinga matitanger. Saka nisung shia kodang pa pei azüabong agi atsüdir, aser mesüzüka odir pa atitanger" ta tekümdangtsü aser teshisadangtsü onük balala jembia lanurtem ayongzük.

Mr. Zülu Asso. Pastor ajanga tanü putu nung timtem aser tatidangtem ajanga lanurtem taküm raksaba dang masü, saka pei taküm mapayui tembangba indang lemsatep. Paisa iba mopungsem jagi asen lima menepogo, aser ya asenok ajak asoshi tanelar raraba mapang ka lir. Anungji iba tongbang raratsü asoshi, tamanger shia Efesia 6:10-18 nung shia aliba sobutsütem sobur taküm liyonga aotsü asoshi ajungshia liasü.

Rev. Jacob Issac-i tanü tensa nung lanurtem Depression-i aiba ajanga taküm raksaba, taküm tetezü aser jenjang makai akümba, aser tatem nung pei taküm tembangba khuret indang jembi. Tanü lanur aika depression agi timtemdar aser ya tanga kecha agia masü saka Tsüngrem sendoker alima den lirumedema aotsü merangba ajanga lir. Lanurtem jenti pei taküm jenjang (value), libaliyim (attitude) aser yimyayimpong (behavior) alimai aginüba ama alitsü merangdang, taküm nung nükjidong makai kümdaktsür aser iba jagi kobi meli-i depression-i iadoker. Anungji lanur shia, nükjidong akaba

taküm ka ka asütsüla, kechiyong nükjidong dak rangloker jajaba ajanga taküm ka teindang aser tongmelang (simple) kümdaktsür.

Kodang asenoki Yisu Khristaji asen Kümtetdakba aser kibur ta agizükdir, indangji ang asenoki chichiba Tsüngrem asen den adenba metettsü, kechiyong Khristai Pa asenok den teti alitsü asoshi Pa taküm bendanga agütsü. Anungji Yohan 15:4 nung, "Kü dak liang aser Nia nenok dak alitsü. Tezü dak tangloka melira kechi koda kongsangi süngjang metangtet, yamaji nenoka Kü dak tangloka melira nenokia süngjang metangtet" ta tayongzükba tulu agütsü.

Atangji, iba sentong ajanga lanurtem tanela nung asüngsashidakja, Tsüngrem den tesendaktep yanglushiba mapang tajung kadaktsüogo. Tsüngrem tesüngmangtsü mapatem asoshi Pa tenüng asanger aser Tenzükertem dang kanga pelar.







# KABA MISSION OSANG TATSÜ AGI



Mr. Zulu Jamir

1. Mr. Kilangtemjen Aier (Longpa), KABA Town Fellowship nungi lir. Pa STM Missionary ka ama, küm ka ACTION MINISTRIES den Hyderabad nung inyaka arur, February 1, 2020 anogo,



Action Ministry aser KABA tsüngda MoU yanglua, KABA-AM Long Term Missionary asütsü February 2 anogo, KABA Town Fellowship nung commissioned süogo.



# 2. Member Care Seminar: January 26, 2020 anogo,

KABA Mission Department-i a c h a a y a n g a KABA Deacon Board, Mission B o a r d a s e r T o k l a n g Tenzüker tem asoshi Member Care Seminar ka k a o g o . I b a sentong nung Dr. Ravi David, The



Mission Society Global ajanga tongti O jembia liasü. Sentong nung Tenzüker 45 dena tangazükba aser temoatsü tulu nguogo. Iba seminar akaba ajanga KABA Mission wadang nung nükrangdong tasen ka lapoktsüogo ta Tsüngrem tenüng asanger.



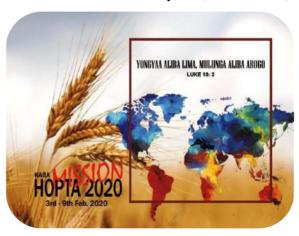
**3. KABA Missionaries Cross Cultural Training**: Iba Training Cross cultural Mission Understanding nung ajemtaker 10<sup>th</sup> February 2020 nü Dr. Darrell Whiteman, Washington nungi arua asen KABA Missionary tem nem



training tajung ka agüja liasü. Iba Training rangloktongji Mission wadang-Sobaliba aser tentak tasen nung koda awawo aser item tebilemtsü koda telangzüba angutsü indang sayüa liasü.

## 4. KABA Mission Week 2020: February 3-9, 2020 tashi,

"Yongyaa aliba lima, mulunga aliba arogo" omen nung ajemdaker KABA Mission Week monga liasü. Iba sentong nung Rev. Dr. Wati Longcharitongti O jembia, amangbapur ajak



temoatsü agidaktsüogo. February 5 aonung, KABA Pastor temi pei pei fellowship nung "Mission aser Tsüngrem sentsüwangshi" onük jembia amangbapur temoatsü ngudaktsü nung, tenzüker ajak dang pelaba lemsateper.

**5. DuDu Colony Osang**: Taoba küm KABA Mission Boardi lemtetba ama, Evangelist Elia Hereh, January 1, 2020 nungi Field Coordinator tenüng aser mapa melentsüogo. Iba

dak alaka, January 1, 2020 nungi tenzüka Mr & Mrs. Keding Rohia (Zeliang) Dudu Colony Evangelist aser teaching assistant shimogo. KABA Dudu colony Mission Budget nung inoksema aliba ama, kisüjensü maparen



tenzüka odagi. Tang tashi nung Ki taktang 3 aser land filling mapa tembangogo.



## **ONSARA PELAR**



Rev. T. Chuba Jamir

Khrista nung kü temeimba Arogopurtem,

Tamasa ni aser ozü kibongi amangbapur ajak dangi Yisu temeim salem abener. KABA nung Tsüngrem tenzükba wadangi aitdang taküm khuli shia ait, saka tanübo tepila salem o ashitsüsa küm talangka anir arur, tanü January 5, 2020 anogo nung anioktsüba atema Tsüngrem nem tenüngsang agütsür.

1987 April ita nung asangur chanu ka ama arua asen arogo nung Tsüngremer tenzükba mapai ait. Tsüngrem taochi agi küm semerasem (33) tashi asen arogo nung tenzükba wadang nung nenok den külemi inyakogo. Item anogo aser mapangtem ajak nung arogopurtemi ozü kibong meima aser anepalua aruba atema nenok ajak dang pelar.

KABA-i ozü kibong tenzükba mapa nung tabensaba inyaktsü atema official süa inyaktsüba tongtibang mapa ana lir:

(1) Küm 1995 April 30 anogo Christian Minister's Licence agütsü, aser tanabubaji-

(2) Arogoi asüngdangba ama ozü kibongi mulunga ABAM Ordination Council ajanga, küm 2000, November 5 anogo Ordained asü. Iba mapa ana dak alaker tebang agi meshitetba teyari jenti asen arogoi ozü nem agüja aruogo. Item ajak asoshi onok temulungjang taroktiba nungi Tsüngrem tenüng nung amangbapur ajak dang 'onsara pelar'.

Ni aser ozü kibong kecha nunga tabensaba mali, ajioda süaka kü tajungtiba Tsüngrem nem agütsüogo ta amanga tenzükba mapa nungi anisüngzük agir. Maneni ozü kibong atema sarasadem nung yariangma. Tsüngremi KABA moajang. Salem.





Sanctuary Flower Club Züngsemtem



Oriental Theological Semianry nungi KABA Semdangba (15th March 2020)a

# KABA 2019 Khristmas Benjungmong















KABA Mission Board Mission Week Speaker Den